

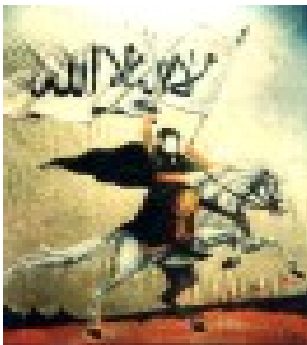


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Every day is Ashura and every land is Karbala

In the month of [Muharram](#) 61 AH (approx. 20 October 680 AD), an event took place in Iraq at a place known as Karbala on the bank of the river Euphrates. It seemed in those days insignificant from the historical point of view. A large army which had been mobilised by the Umayyad regime besieged a group of persons numbering less than a hundred and put them under pressure to pay allegiance to the Caliph of the time and submit to his authority. The small group resisted and a severe battle took place in which they were all killed. It appeared at that time that like hundreds of similar events, this battle would be recorded in history and forgotten in time. However, the events that occurred on the 10th day of Muharram in Karbala were to become a beacon and an inspiration for future generations. In this article, we shall examine briefly the principal adversaries.

Long live the banner of Islam which was saved by the Holy blood of the Martyrs in Karbala



Who is Imam Hussein?

The leader of the small band of men who were martyred in Karbala was none other than Hussein (A), son of [Ali bin Abi Talib \(A\)](#) and grandson of the Holy Prophet (S). Who was Hussein? He was the son of Fatima (A) for whom the Holy Prophet (S) said, "Hussein is from me and I am from Hussein. May God love whoever loves Hussein."

With the passing away of his brother Hasan(A) in 50 AH, Hussein (A) became the leader of the household of the Holy Prophet (S). He respected the agreement of peace signed by Hasan (A) and [Muawiya](#), and, despite the urging of his followers, he did not undertake any activity that threatened the political status quo. Rather he continued with the responsibility of looking after the religious needs of the people and was recognised for his knowledge, piety and generosity. An example of the depth of his perception can be seen in his beautiful du'a on the day of Arafat, wherein he begins by explaining the qualities of [Allah](#),

Ring System List

I have included the latest Ring System list. Please note THERE HAS BEEN SOME CHANGES to the list!!

Thought of the Day

Khass Baat

Your Questions – Answered.

Question: What happens to the person if he drinks one glass or more Alcohol?

Answer: Allah Almighty will not accept his day and night prayers (Namaaz / Salat) for 40 days.

Quote

A man once complained to the Holy Prophet (PBUH), "The laws of Islam are too heavy for me, so tell me something that I can easily follow," the Prophet (PBUH) told him, "Let your tongue be always busy with the remembrance of Allah."

Booking of Hussein Manzil

Please contact Moshinbhai Sulemanji for the booking of Hussein Manzil.

Contact Tel: (0116) 2330025 / 2660866

Current charges:	Hall & cooking:	£55.00
	Hall use only:	£35.00
	Cooking Only:	£30.00
	Majlies only:	£10.00

Editorial

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Subscription Fees

We are coming towards our year end, therefore we request that you settle any fees or donations that you have pledged over the last year & forward payments to our Hon Treasurer Imtiaz Sulemanji.
Cheques payable to DBWS.

This is also a great opportunity to fill in the gift aid forms with your payment.

By completing this form the jamaat will benefit by claiming an ADDITIONAL 28% - 40% extra INCOME, all you need it to be a tax payer (for any questions please do not hesitate to contact Imtiaz Sulemanji). Please sign and return the forms for the jamaat benefit and the good news is that we can backdate the claim to 2000.

The Committee has yet to finalise a date for holding the Auction. Some suggestions have been put forward for consideration a decision will be made soon

PLEASE A MESSAGE HERE...

Want to share exam results, good news, birthdays, matrimonial news this is the SPACE to do it in

Contact Kalim

Dates for the Diary

Safar / March Main Events

English Dates		Hijri Dates	Occasion
1 st March 06	Wed	1 st Day	Syedna Ali Bin Hussein WAFAT
3 rd March	Fri	3 rd Day	Syedna Ali bin Abdullah WAFAT Syedna Ali Shamsuddin WAFAT Syedna Ali Tayyeb Zakiuddin WAFAT
5 th March	Sun	5 th Day	Syedna Abdul Muttalib WAFAT
8 th March	Wed	8 th Day	Syedna Khattab bin Hasan WAFAT
10 th March *	Fri	10 th Day	Masiya Imam Hussein (A.S.) 30 days after his Shahadat
20 th March *	Mon	20 th Day	Chehlum Imam Hussein (A.S.) 40 days after his Shahadat
22 nd March	Wed	22 nd Day	Syedna Hussein bin Ali WAFAT
27 th March	Mon	27 th Day	Syedna Mohammed Izzuddin WAFAT Syedna Mohammed bin Hasan WAFAT
28 th March *	Tue	28 th DAY	PROPHET MOHAMMED (S.A.W.) WAFAT IMAM HASAN (A.S.) Shahadat

* Confirmation of event & timings to be announced.

Financial Times

Eid function Summary

The Eid function made a deficit (LOSS) of £326.13. The sale of calendars made a surplus (PROFIT) of £687.00, therefore total **surplus (profit) of £360.87. Estimated**

Moharrum Funds

Income

Donations	£ 2114.00	
Galla Raised	£ 635.00	= £2749.00

Expenses	£ 1088.00
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SURPLUS (profit)	£ 1661.00
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Jokes

Today we mourn the passing of a beloved old friend, Common Sense, who has been with us for many years. No one knows for sure how old he was since his birth records were long ago lost in bureaucratic red tape.

He will be remembered as having cultivated such valuable lessons as knowing when to come in out of the rain, why the early bird gets the worm, life isn't always fair, and maybe it was my fault.

Common Sense lived by simple, sound financial policies (don't spend more than you earn) and reliable parenting strategies (adults, not children, are in charge).

His health began to deteriorate rapidly when well intentioned but overbearing regulations were set in place.

Common Sense lost ground when parents attacked teachers for doing the job they failed to do in disciplining their unruly children Common Sense lost the will to live as the Ten Commandments became Contraband; churches became businesses; and criminals received better Treatment than their victims.

Common Sense took a beating when you couldn't defend yourself from a burglar in your own home and the burglar can sue you for assault. Common Sense finally gave up the will to live, after a woman failed to realize that a steaming cup of coffee was hot. She spilled a little in her lap, and was promptly awarded a huge settlement.

Common Sense was preceded in death by his parents, Truth and Trust; his wife, Discretion; his daughter, Responsibility; and his son, Reason. He is survived by three stepbrothers; I Know My Rights, Someone Else Is To Blame, and I'm A Victim

Continued.....

A little boy asked his father, "Daddy, how much does it cost to get married??"

And the father replied, "I don't know son, I'm still paying for it."

Young son: "Is it true, Dad, I heard that in some parts of Africa, a man doesn't know his wife until he marries her?"

Dad: "That happens in most countries son."

A happy marriage is a matter of give and take; the husband gives and the wife takes.

A man inserted an 'ad' in the classified: "Wife wanted".
The next day, he received hundreds letters. They all said the same thing "You can have mine."

Buy & Sell

Advertise in this SPACE

A special thanks to Mr Yusuf Sulemanji for recently doing sum DIY work in the ladies toilets

Not many attended his funeral because so few realized he was gone.

If you still remember him, pass this on. If not join the majority and do nothing.

By Hanif Lokat

Importance Of Imam Namaz

Maulana Ali (AS) said: 'On the Day of Qiyamat when there will be no shade except the shade of the Throne of Allah and there will be a man sitting under that shade who will have left his home for the mosque to offer *farz* prayers by performing his *Woozu* completely but died before reaching the mosque.

Imaam Ja'far us-Saadiq (AS) said: Congregational prayer is more meritorious than praying alone. The latter is equivalent to one single prayer while the former is 24 times more in reward.

Imaam Mohammad ul-Baaqir (AS) has said: 'Prayer is compulsory and he who avoids Imam Namaz /Jamaa't Namaz deliberately, or keeps away from the group of the faithful without valid cause or sickness has indeed offered no prayer at all.'

Translation...

I am looking for some one who may be able to translate these issues of our Samacher news in to Gujarat format. If you know of any organisation or friends, please contact KALIM.

Madressa Programme

Madressa is continuing with parents taking Qureshbhai to their houses to educate their children. It's good to see that children in the Louhborough area are getting together.

World Wide Web (www.)

Recommended sites to visit

<http://www.quran.org.uk/>

<http://www.ashura.com/>

<http://www.dawoodi-bohras.com/>

<http://www.mumineen.org/>

Spiritual Yoga; NAMAAZ

The following will explain why Allah (SWT) has made Namaaz obligatory for every Muslim.

Reduce Cholesterol by doing spiritual exercise (namaaz).

Prevent indigestion. In the morning when stomach is empty, a Muslim is required to offer fewer number of *Rak'aat* whereas in the evening after the dinner we offer an extra number of *Rak'aat*.

The most important function in Namaaz is *sajdah* where we touch the ground with our forehead. This posture increases fresh supply of blood to our brain.

(Remember Yoga!!!!!! so go for free Yoga. No charge! Free Yoga all day long!!!) *See next article*

In *tashah'hud* position, our hip, elbow, knee joints, backbone, wrist joints move in a way that it provides a form of relaxation to our entire body. Pressure is applied on the body parts as if it was a kind of massage which releases tension.

Body movements performed during Namaaz are an excellent source of exercise for our heart as well.

Next time you offer Namaaz, thank Almighty Allah that He made you a Muslim. Indeed, there is cure in NAMAAZ

In recent years, medical research has begun to pay attention to the effects of yoga. Studies have shown, for instance, that relaxation in the Corpse Pose effectively relieves high blood pressure and that regular practice of asanas and pranayama can help such diverse ailments as arthritis, arteriosclerosis, chronic fatigue, asthma, varicose veins and heart conditions. Laboratory tests have also confirmed yogis' ability to consciously control automatic or involuntary functions, such as temperature, heartbeat and blood pressure.

INTRODUCTION TO YOGA

The yoga postures or asanas exercise every part of the body, stretching and toning the muscles and joint the spine and the entire skeletal system.

And they work not only on the body's frame but on the internal organs, glands and nerves as well, Keeping all systems in radiant health.

By releasing physical and mental tension, they also liberate vast resources of energy.

The yogic breathing exercises known as pranayama revitalize the body and help to control the mind, Leaving you feeling calm and refreshed, while the practice of positive thinking and meditation gives increased clarity, mental power and concentration.

Yoga is a complete science of life that originated in India many thousands of years ago. It is the oldest system of personal development in the world, encompassing body, mind and spirit. The ancient yogis had a profound understanding of man's essential nature and of what he needs to live in harmony with himself and his environment. They perceived the physical body as a vehicle, with the mind as the driver, the soul man's true identity, and action, emotion and intelligence as three forces, which pull the body-vehicle. In order for they're to be integrated development these three forces must be in balance.

Taking into account the interrelationship between body and mind, they formulated a unique method for maintaining this balance—a method that combines all the movements you need for physical health with the breathing and meditation techniques that ensure peace of mind.

Yoga in your Life

Many people are first drawn to yoga as a way to keep their bodies fit and supple—good to look at and to live in. Others come seeking help or relief for a specific complaint, like tension or backache. Some are merely impelled by a sense that they are not getting as much out of life as they could be. Whatever your reason, yoga can be a tool, an instrument for you—giving you both what you came for, and more. To understand what yoga is all about you need to experience it for yourself. At first glance it seems to be little more than a series of strange physical postures, which keep the body lean and flexible. But in time, anyone who continues with regular practice becomes aware of a subtle change in their approach to life—for, through persistently toning and relaxing the body and stilling the mind, you begin to glimpse a state of inner peace, which is your true nature. It is this that constitutes the essence of yoga—this self-realization that we are all seeking, consciously or unconsciously, and towards which we are all gradually evolving.

The Physiology of Yoga

Just as we expect our cars to depreciate in value with age, so we resign ourselves to the fact that our bodies will function less efficiently with the passing years—never stopping to ask ourselves if this is really necessary, or why it is that animals seem able to go on functioning well throughout most of their lives, while we do not. In fact, ageing is largely an artificial condition, caused mainly by auto-intoxication or self-poisoning. Through keeping the body parts clean and well lubricated, we can significantly reduce the catabolic process of cell deterioration